



**Long Course Kickoff Meet
May 5 - 7, 2006**

Hosted by the Gator Swim Team
Central Municipal Pool
205 Caruthers
Cape Girardeau, MO 63701
<http://www.gatorswimteam.org/>

USAS SANCTION #4950

Facility:

Pool is 25 yards by 50 meters. It is equipped with a Colorado fully-automatic timing system with a horn start. Continuous warm-up/warm-down space is provided during the competition. Six lanes (LCM) will be used for competition.

Directions:

From I-55/Exit 96/Rte K- Head East off the exit (This is also known as William Street). After approximately 1.5 miles, turn left at Kingshighway and go North. Turn right at the next stoplight (Independence). Go approximately two blocks and turn left on Clark Street. After turning on Clark Street, the pool bubble should be visible off to the right.

Eligibility:

All swimmers must be athlete members of USA Swimming. USA swimming memberships applied for will not be accepted. Swimmers age as of May 5, 2006 determines the swimmer's age group for the meet. No team entries will be split. Swimmers entered in the meet that do not hold current membership will be dropped from the meet and entry fees will NOT be refunded.

All teams from outside of the Ozark LSC who enter the meet must provide proof of the swimmer's USA Swimming membership either by providing an Abbreviated Team Membership Report from the LSC Registration Chair that is certified by the LSC OR copies of the swimmer's membership card. This information must be included with the team's meet entry. Failure to provide the required proof will result in the team not being entered in the meet. Any swimmer found not to have a current USA Swimming membership who swims in an Ozark sanctioned meet (and/or the team) is subject to a \$100.00 fine.

Contacts:

Meet Director: Dan Rau (573) 334-4448 DavisandRau@charterinternet.com
Entry Director: Andy Kendig (573) 379-0499 KendigJ@missouri.edu
Meet Referee: Ann Welker (573) 243-8304 annwelker76@yahoo.com
Officials Coordinator: Mike Scott (573) 335-0580 m_scott24@yahoo.com
Safety Marshall: Amber Larson (573) 339-7853 larsonfamily1@charter.net

Rules:

Current USA Swimming rules shall govern the meet. Coaches must have current USA Swimming certification, Coaching Safety, First Aid and CPR. All swimmers who are not accompanied by a USA-Swimming registered coach should report to the Meet Referee or Meet Director for warm-up instructions prior to each warm-up session. The swimmer will then be assigned to a coach on deck for each session of the meet that he has entered. The Meet shall be held under the sanction of USA Swimming that all the technical and administrative rules of USA Swimming will apply.

No cell phones or video cameras are allowed in locker rooms, Side entrances which bypass the locker rooms are available on the East side of the bubble.

The areas on the pool deck behind the starting blocks is restricted for use by the athletes, coaches, officials, timers and other meet officials. Also, the areas reserved for Coaches is restricted for use by the athletes, coaches, officials, and other meet officials. In compliance with USA Swimming Rules, spectators found in these areas may be asked to vacate the premises by an appropriate Meet Official.

Check-In:

Coaches must check in their swimmers with the computer table 30 minutes before the start of the meet. **Swimmers not checked off will be scratched from that session.**

Events:

All events will be timed finals. The 800 and 1500 Freestyle events will be limited to the top 36 swimmers in each event. Entries with no time for these events will be accepted on a first-come, first-serve basis until the maximum is reached.

These events will be deck seeded and swum fastest to slowest in alternating heats of women and men. Swimmers in these events must provide their own timers and counters. Proof of time may be required and must be provided by the coach if the swimmer's time is in question for the limited events. A *Team Manager* "Proof of Time" report will be considered adequate proof.

In events where a limited number of swimmers are allowed to swim, refunds may be requested and paid to the TEAM in one lump sum. The request MUST be made within one week of the meet's end. Notification of swimmers not making the cut in these events will be sent by e-mail no later than Wednesday May 3, 2006. Alternative events will be allowed if events are provided to the entry director no later than 30 minutes prior to the start of the first session of the meet and if open lanes are available for pre-seeded events.

Entry Fees/Info:

\$3.00 per swimmer per individual event

\$10.00 per swimmer (includes \$2.00 Ozark LSC surcharge)

Please make checks payable to: Gator Swim Team

NO DECK ENTRIES WILL BE ACCEPTED except as described above for swimmers cut from 800 and 1500 Freestyle events.

Entry Process:

The Gator Swim Team will only accept entries via e-mail in *Team Manager* entry file.

1. Download the TM/MM event file available at <http://www.ozarkswimming.org> in the meet calendar section.
2. Import this into *Team Manager*, and complete your team's entries.
3. Export an entry file and e-mail this file as an attachment to:

KendigJ@missouri.edu Call (573) 379-0499 you have problems.

All teams entering the meet are responsible for sending an entry file that is compatible with *Meet Manager*.

4. Confirmation of receipt of entries will be by reply e-mail. If confirmation is not received within 3 days, please call. **Confirmation of receipt of entries does not mean that entries are accepted into the meet.**
5. **A check for fees and a signed Meet Summary/Release Form must be received within 5 business days after the e-mail submission.** Upon receipt of checks and release forms, teams will be notified by e-mail of the entry acceptance. Teams not accepted will have entries and fee payments returned.
6. Teams are asked to submit a single early entry- and then limit themselves to one final time and entry update before the entry deadline. Entry changes will be allowed before the deadline providing that events or the meet are not full.
7. Parents should make any entry request, or change request via their team's coach and/or team's entry secretary.

Send Meet Summary/Release forms & entry checks to:

Great Times Meet Entries
2127 Kenneth Drive
Cape Girardeau, MO 63701

Entry Times:

Enter times in long course meters only.

Entry Limit:

Swimmers are limited to 5 events per day. No team entries will be split.

Deadline:

All entries must be received by **Wednesday, April 26, 2006**. Ozark entries will be accepted after March 15, 2006. Non-Ozark team entries will be accepted after March 22, 2006.

Awards & Scoring:

Trophies and/or Medals will be awarded to the top 8 swimmers per age group for Sunday's pentathlon only. The events on Friday and Saturday will not have awards. Awards must be picked up by the team coach or team representative. No awards will be mailed.

Times for each event will be added in order to obtain a combined or total time for each swimmer during Sunday's Pentathlon. Disqualifications and missed events will be given a time of 5 seconds per 50 meters swam plus the slowest time swam in the event missed or disqualified. Swimmers should enter all 5 events in their respective age group.

Heat sheets will be available for sale. Results will be posted at the meet. Final results will be posted on the Ozark website: <http://www.ozarkswimming.org/results.htm>

Hotel Info:Cape Girardeau

Victorian Inn (573) 651-4486

Pear Tree Inn (573) 334-3000

Drury Lodge (573) 334-7151

Drury Suites (573) 339-9500

Hampton Inn (573) 651-3000

Holiday Inn Express (573) 334-4491

Jackson

Drury Inn & Suites (573) 243-9200

Concessions and meet apparel will be available during the meet by the Gator Swim Team

Websites:

Official meet information is posted at: <http://www.ozarkswimming.org/>

Gator Website: <http://www.gatorswimteam.org>

EVENT SCHEDULE

Friday May 5, 2006

Warm-up: 4:30 PM, Meet Starts at 5:30 PM

WOMEN

1
3

Open 50 Free
Open 1500 Free

MEN

2
4

Saturday May 6, 2006

Warm-up 7:30am Meet Start 9:00am

5
7
9
11

Open 200 Free
Open 200 Breast
Open 200 Fly
Open 400 Free

6
8
10
12

Saturday May 6, 2006

Warm-up 3:00pm Meet Start 4:30pm

13
15
17

Open 400 IM
Open 200 Back
Open 800 Free

14
16
18

Sunday May 7, 2006 - Pentathlon

Warm-up 7:30am Meet Start 9:00am

19
21
23
25

10 & Under 50 Fly
11 & 12 50 Fly
13 & 14 100 Fly
Senior 100 Fly

20
22
24
26

27
29
31
33

10 & Under 50 Back
11 & 12 50 Back
13 & 14 100 Back
Senior 100 Back

28
30
32
34

35
37
39
41

10 & Under 50 Breast
11 & 12 50 Breast
13 & 14 100 Breast
Senior 100 Breast

36
38
40
42

43
45
47
49

10 & Under 50 Free
11 & 12 50 Free
13 & 14 100 Free
Senior 100 Free

44
46
48
50

51
53
55
57

10 & Under 200 IM
11 & 12 200 IM
13 & 14 200 IM
Senior 200 IM

52
54
56
58



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Entry Summary and Release Form

This form is part of your entry and must be signed and returned for your entry to be accepted. Entry opens Wednesday, March 15, 2006, for Ozark teams and Wednesday March 22, 2006, for non-Ozark teams and all entries must be received no later than Wednesday, April 26, 2006.

Club: _____ Code: _____ LSC: _____

Address: _____

City: _____ State: _____ Zip: _____

Head Coach: _____ Phone: _____

Entry Contact: _____ Phone: _____

E-mail: _____

Entry Summary:

Number of Swimmers entered: _____ x \$10.00 = _____

Number of individual event entries: _____ x \$3.00 = _____

Total amount entered: = _____

**MAKE CHECKS PAYABLE TO GATOR SWIM TEAM AND MAIL TO:
2127 Kenneth Drive
Cape Girardeau, MO 63701**

**Do not send entries, disks, or paper backup with this form.
The Gator Swim Team accepts only e-mail entries for this meet.**

RELEASE

The Gator Swim Team, City of Cape Girardeau, Cape Girardeau School District, USA Swimming, and Ozark Swimming shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries due to anyone during the conduct of the meet.

I certify that all individuals in the submitted entry files are registered athlete members of USA Swimming, and are eligible to participate in this event. I further certify that proper registration applications and fees have been submitted for entrants prior to completing this form and prior to the entry deadline.

Signature: _____ Title: _____ Date: _____
